



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

Leifeld, Nico

Club: B.L.Sharks  
Number: 600

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 21:30

Speed: 13.95 km/h  
Running performance: 4:18 min/km

Rank in course/Total: 11 (of 105)

Rank in course/Men: 11 (of 71)

Best time in course: 17:43

Rank in category: 2(of 12)

Best time in the category: 20:11