



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Helbing, Julius

Club: FSV Preußen Bad Langensalza
Number: 533

Course: 5.00 km
5 km-Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 23:24

Speed: 12.82 km/h
Running performance: 4:41 min/km

Rank in course/Total: 21 (of 105)

Rank in course/Men: 21 (of 71)

Best time in course: 17:43

Rank in category: 2(of 9)

Best time in the category: 19:45