



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

## Detailed evaluation

**Brinkel, Stephan**

Club: Eisenach  
Number: 160

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 56:01

Speed: 13.39 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 19 (of 156)

Rank in course/Men: 19 (of 109)

Best time in course: 42:05

Rank in category: 1(of 9)

Best time in the category: 56:01