



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

Listemann, Andy

Club: BSG Sparkasse Unstrut-Hainich e.V.  
Number: 558

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 24:38

Speed: 12.18 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 34 (of 105)

Rank in course/Men: 31 (of 71)

Best time in course: 17:43

Rank in category: 5(of 12)

Best time in the category: 20:11