



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Ickstadt, Günter

Club: Bad Langensalza
Number: 541

Course: 5.00 km
5 km-Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 26:06

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 53 (of 105)

Rank in course/Men: 45 (of 71)

Best time in course: 17:43

Rank in category: 1(of 1)

Best time in the category: 26:06