



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Richter, Steffen

Club: Bad Langensalza
Number: 94

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:29

Speed: 12.75 km/h
Running performance: 4:31 min/km

Rank in course/Total: 21 (of 156)

Rank in course/Men: 21 (of 109)

Best time in course: 42:05

Rank in category: 7(of 19)

Best time in the category: 46:23