



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Laue, Christoph

Club: Salza Vita Gesundheitszentrum UG
Number: 556

Course: 5.00 km
5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 26:07

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 55 (of 105)

Rank in course/Men: 46 (of 71)

Best time in course: 17:43

Rank in category: 8(of 12)

Best time in the category: 20:11