



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Löwe, Martin

Club: SV Blau-Weiß Goldbach-Hochheim
Number: 562

Course: 5.00 km
5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 26:37

Speed: 11.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 64 (of 105)

Rank in course/Men: 53 (of 71)

Best time in course: 17:43

Rank in category: 7(of 7)

Best time in the category: 18:28