



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

Frank, Felix

Club: Erfurt  
Number: 524

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 28:15

Speed: 10.62 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 76 (of 105)

Rank in course/Men: 60 (of 71)

Best time in course: 17:43

Rank in category: 11(of 12)

Best time in the category: 20:11