



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

**Borgwardt, Stefan**

Club: Borbet  
Number: 624

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 28:22

Speed: 10.58 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 78 (of 105)

Rank in course/Men: 61 (of 71)

Best time in course: 17:43

Rank in category: 5(of 6)

Best time in the category: 21:33