



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

## Detailed evaluation

Heym, Andreas

Club: EDEKA-Team ERFURT  
Number: 44

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 57:18

Speed: 13.09 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 24 (of 156)

Rank in course/Men: 24 (of 109)

Best time in course: 42:05

Rank in category: 4(of 16)

Best time in the category: 53:28