



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Kaesebier, Alexander

Club: Bad Langensalza
Number: 544

Course: 5.00 km
5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 29:10

Speed: 10.29 km/h
Running performance: 5:50 min/km

Rank in course/Total: 84 (of 105)

Rank in course/Men: 65 (of 71)

Best time in course: 17:43

Rank in category: 4(of 4)

Best time in the category: 23:41