



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Kästner, Kerstin

Club: Sv Empor

Number: 612

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 30:42

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 97 (of 105)

Rank in course/Women: 27 (of 34)

Best time in course: 24:17

Rank in category: 1(of 1)

Best time in the category: 30:42