



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Dembeck, Katja

Club: Bad Langensalza
Number: 516

Course: 5.00 km
5 km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 33:13

Speed: 9.03 km/h
Running performance: 6:38 min/km

Rank in course/Total: 100 (of 105)

Rank in course/Women: 29 (of 34)

Best time in course: 24:17

Rank in category: 5(of 5)

Best time in the category: 25:51