



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

Beier, Christiane

Club: Mainz-Katel  
Number: 504

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 35:35

Speed: 8.43 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 104 (of 105)

Rank in course/Women: 33 (of 34)

Best time in course: 24:17

Rank in category: 4(of 4)

Best time in the category: 28:05