



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Baumbach, Christoph

Club: flinke Zähne
Number: 8

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 57:41

Speed: 12.48 km/h
Running performance: 4:37 min/km

Rank in course/Total: 27 (of 156)

Rank in course/Men: 26 (of 109)

Best time in course: 42:05

Rank in category: 5(of 8)

Best time in the category: 42:05