



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

## Detailed evaluation

**Reinhold, Stephan**

Club: Mitteldeutsche Triathlen  
Number: 90

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 57:42

Speed: 12.48 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 28 (of 156)

Rank in course/Men: 27 (of 109)

Best time in course: 42:05

Rank in category: 6(of 16)

Best time in the category: 47:58