



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

## Detailed evaluation

**Simroth, Heike**

Club: Apolda  
Number: 20016

Course: 5.00 km  
5 km-Walking

Category:  
Frauen

Total time: 43:52

Speed: 6.84 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 3 (of 3)

Rank in course/Women: 2 (of 3)

Best time in course: 42:43

Rank in category: 2(of 3)

Best time in the category: 42:43