



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Bauer, Frank

Club: Salzaläufer
Number: 136

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 47:58

Speed: 15.64 km/h
Running performance: 3:50 min/km

Rank in course/Total: 4 (of 156)

Rank in course/Men: 4 (of 109)

Best time in course: 42:05

Rank in category: 1(of 16)

Best time in the category: 47:58