



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Heerd, Thomas

Club: TSG Heilbronn
Number: 41

Course: 12.50 km
12,5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:02:25

Speed: 12.02 km/h
Running performance: 4:59 min/km

Rank in course/Total: 52 (of 156)

Rank in course/Men: 47 (of 109)

Best time in course: 42:05

Rank in category: 7(of 14)

Best time in the category: 55:27