



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Gille, Wiegbert

Club: VfL Hüpstedt
Number: 162

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:02:26

Speed: 12.01 km/h
Running performance: 4:59 min/km

Rank in course/Total: 53 (of 156)

Rank in course/Men: 48 (of 109)

Best time in course: 42:05

Rank in category: 4(of 9)

Best time in the category: 56:01