



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Heinz, Claudia

Club: fat fighters
Number: 42

Course: 12.50 km
12,5 km-Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:04:46

Speed: 11.12 km/h
Running performance: 5:11 min/km

Rank in course/Total: 76 (of 156)
Rank in course/Women: 13 (of 47)
Best time in course: 57:38

Rank in category: 4(of 7)
Best time in the category: 57:38