



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

## Detailed evaluation

Römhild, Sven-Jörg

Club: Fit&Fun  
Number: 98

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:06:53

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 92 (of 156)

Rank in course/Men: 78 (of 109)

Best time in course: 42:05

Rank in category: 13(of 16)

Best time in the category: 47:58