



3Türmelauf 2014  
Bad Langensalza / 27.04.2014

Detailed evaluation

**Kraus, Roman**

Club: BSG Sparkasse Unstrut-Hainich e.V.  
Number: 56

Course: 12.50 km  
12,5 km-Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:09:12

Speed: 10.84 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 104 (of 156)

Rank in course/Men: 85 (of 109)

Best time in course: 42:05

Rank in category: 13(of 16)

Best time in the category: 53:28