



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Meurer, Ingo

Club: Die Flinken Gerataler/SV Olympia Neustadt
Number: 411

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 42:31

Speed: 14.11 km/h

Running performance: 4:15 min/km

Rank in course/Total: 15 (of 133)

Rank in course/Men: 14 (of 104)

Best time in course: 37:28

Rank in category: 1(of 10)

Best time in the category: 42:31