



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Hengelhaupt, Thorsten

Club: SV Icktershausen

Number: 383

Course: 10.00 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 44:10

Speed: 13.58 km/h

Running performance: 4:25 min/km

Rank in course/Total: 29 (of 133)

Rank in course/Men: 27 (of 104)

Best time in course: 37:28

Rank in category: 8(of 15)

Best time in the category: 37:53