



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Senz, Stefan

Club: SV Ictershausen

Number: 481

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 45:01

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 33 (of 133)

Rank in course/Men: 30 (of 104)

Best time in course: 37:28

Rank in category: 4(of 10)

Best time in the category: 42:56