



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Wei, Steffen

Club: WSV Ilmenau 1908 e.V.

Number: 439

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:27

Speed: 12.92 km/h

Running performance: 4:38 min/km

Rank in course/Total: 40 (of 133)

Rank in course/Men: 37 (of 104)

Best time in course: 37:28

Rank in category: 4(of 16)

Best time in the category: 44:05