



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Brömel, Jörg

Club: WSV Schmiedefeld a. Rstg.

Number: 366

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:28

Speed: 12.91 km/h

Running performance: 4:39 min/km

Rank in course/Total: 41 (of 133)

Rank in course/Men: 38 (of 104)

Best time in course: 37:28

Rank in category: 5(of 16)

Best time in the category: 44:05