



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Greiner, Jens

Club: WSV Schmiedefeld a. Rstg.

Number: 379

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:54

Speed: 12.79 km/h

Running performance: 4:41 min/km

Rank in course/Total: 46 (of 133)

Rank in course/Men: 43 (of 104)

Best time in course: 37:28

Rank in category: 7(of 15)

Best time in the category: 38:35