



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Greiner, Mario

Club: N3 Sportverein

Number: 380

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 48:16

Speed: 12.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 54 (of 133)

Rank in course/Men: 49 (of 104)

Best time in course: 37:28

Rank in category: 9(of 14)

Best time in the category: 38:10