



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Thiele, Gabi

Club: WSV Ilmenau e. V.

Number: 487

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 48:45

Speed: 12.31 km/h

Running performance: 4:53 min/km

Rank in course/Total: 58 (of 133)

Rank in course/Women: 6 (of 29)

Best time in course: 41:26

Rank in category: 3(of 6)

Best time in the category: 44:50