



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Reiche, Frank

Club: SV Ictershausen

Number: 419

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 49:01

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 62 (of 133)

Rank in course/Men: 56 (of 104)

Best time in course: 37:28

Rank in category: 8(of 16)

Best time in the category: 44:05