



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Zöppig, Veit

Club: SV TU Ilmenau

Number: 467

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 49:29

Speed: 12.13 km/h

Running performance: 4:57 min/km

Rank in course/Total: 66 (of 133)

Rank in course/Men: 60 (of 104)

Best time in course: 37:28

Rank in category: 11(of 15)

Best time in the category: 38:35