



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Walther, Ralph

Club: USV Jena

Number: 436

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 50:15

Speed: 11.94 km/h

Running performance: 5:02 min/km

Rank in course/Total: 71 (of 133)

Rank in course/Men: 65 (of 104)

Best time in course: 37:28

Rank in category: 11(of 16)

Best time in the category: 44:05