



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

Schreier, Konrad

Club: SG Motor Arnstadt

Number: 428

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:40

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 73 (of 133)

Rank in course/Men: 67 (of 104)

Best time in course: 37:28

Rank in category: 3(of 7)

Best time in the category: 42:02