



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Schröder, Bernd**

Club: Erfurt  
Number: 466

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 50:56

Speed: 11.78 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 74 (of 133)

Rank in course/Men: 68 (of 104)

Best time in course: 37:28

Rank in category: 1(of 4)

Best time in the category: 50:56