



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Ritter, Freya**

Club: SPORTident

Number: 443

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 51:02

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 75 (of 133)

Rank in course/Women: 7 (of 29)

Best time in course: 41:26

Rank in category: 2(of 8)

Best time in the category: 41:26