



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 363

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:05

Speed: 11.75 km/h

Running performance: 5:07 min/km

Rank in course/Total: 76 (of 133)

Rank in course/Men: 69 (of 104)

Best time in course: 37:28

Rank in category: 4(of 7)

Best time in the category: 42:02