



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Hochsattel, Hans-Jörg

Club: WSV 08 Ilmenau

Number: 391

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 51:18

Speed: 11.70 km/h

Running performance: 5:08 min/km

Rank in course/Total: 79 (of 133)

Rank in course/Men: 71 (of 104)

Best time in course: 37:28

Rank in category: 13(of 16)

Best time in the category: 44:05