



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Spiess, Kevin

Club: Arnstadt

Number: 452

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 51:38

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 80 (of 133)

Rank in course/Men: 72 (of 104)

Best time in course: 37:28

Rank in category: 12(of 14)

Best time in the category: 38:10