



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Ullmann, Thomas

Club: Arnstadt

Number: 448

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 51:45

Speed: 11.59 km/h

Running performance: 5:11 min/km

Rank in course/Total: 82 (of 133)

Rank in course/Men: 74 (of 104)

Best time in course: 37:28

Rank in category: 13(of 14)

Best time in the category: 38:10