



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Meier, Rene

Club: Lilmtal

Number: 475

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:25

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 92 (of 133)

Rank in course/Men: 81 (of 104)

Best time in course: 37:28

Rank in category: 6(of 10)

Best time in the category: 42:31