



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Gergs, Veronika**

Club: TV 1920 Ilmenau

Number: 377

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 53:30

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 93 (of 133)

Rank in course/Women: 12 (of 29)

Best time in course: 41:26

Rank in category: 4(of 6)

Best time in the category: 44:50