



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Poppner, Sebastian**

Club: WSV Ilmenau 1908 e.V.

Number: 417

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 55:49

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 104 (of 133)

Rank in course/Men: 89 (of 104)

Best time in course: 37:28

Rank in category: 10(of 10)

Best time in the category: 42:56