



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

Ritter, Sigrun

Club: SPORTident

Number: 445

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 56:06

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 105 (of 133)

Rank in course/Women: 16 (of 29)

Best time in course: 41:26

Rank in category: 4(of 8)

Best time in the category: 41:26