



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Herzberg, Andrea

Club: Alteburg Laufftreff Arnstadt

Number: 495

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 58:45

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 111 (of 133)

Rank in course/Women: 18 (of 29)

Best time in course: 41:26

Rank in category: 6(of 6)

Best time in the category: 47:13