



## 36. Alteburglauf 2014

Arnstadt / 30.04.2014

### Detailed evaluation

**Mongeon, Vicky**

Club: Arnstadt

Number: 451

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 58:56

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 113 (of 133)

Rank in course/Women: 19 (of 29)

Best time in course: 41:26

Rank in category: 2(of 6)

Best time in the category: 54:50