



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Engelmann, Kerstin

Club: Arnstadt

Number: 370

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:43

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 117 (of 133)

Rank in course/Women: 20 (of 29)

Best time in course: 41:26

Rank in category: 3(of 6)

Best time in the category: 54:50