



36. Alteburglauf 2014

Arnstadt / 30.04.2014

Detailed evaluation

Ritze, Detlef

Club: Laufftreff Alteburg Arnstadt

Number: 422

Course: 10.00 km

Hauptlauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:02:58

Speed: 9.53 km/h

Running performance: 6:18 min/km

Rank in course/Total: 121 (of 133)

Rank in course/Men: 100 (of 104)

Best time in course: 37:28

Rank in category: 4(of 4)

Best time in the category: 50:56